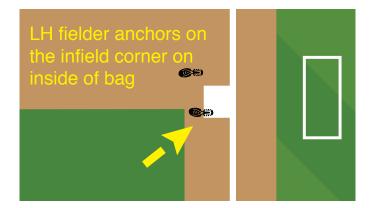


1B - COVERING BASE - LH FIELDER

COVERING BASE

The left hand fielder uses the same footwork for any infield hit





- 1. Run to 1B and hit corner closest to the infield with LEFT foot (inside of bag/infield corner)
- 2. LH fielder DOES NOT replace feet
- 3. Toe is on the ground with ball of foot touching the base (not the heel)
- 4. Square up to infield
- 5. Left foot is 'anchored' to same corner of bag



